

SAMPLE LETTERS TO SURVIVORS

Note: Please keep notes pretty general and don't specifically mention human trafficking. (Some of these may go to high-risk youth who are living in shelters as well as those who've already been trafficked.)

Hi!

You are being thought of today. Your health, needs, and hopes are being thought about in ways that you may not see. I am writing you this to remind you that even though the circumstances are uncomfortable, unknown, or even scary, you are more than able to thrive. Keep going, stay focused, and know that there are people in your corner rooting for you!

Hi friend,

You are in my thoughts and I am praying for you. No matter what you may have been told or how you may have been treated, you are loved and you have limitless potential. Stay on track and take advantage of the safe, positive resources offered to you, even when this new situation feels scary and unfamiliar. Just take the next healthy step, knowing there are lots of us who care, see your great value, and believe you can be successful!

Hi,

You are in my thoughts and prayers today! I want to encourage you that in spite of your circumstances feeling uncomfortable (maybe even scary), you can take advantage of opportunities to move forward and make positive changes--and you can thrive! You are lovable valuable, important, and your potential is limitless. Keep on taking the next healthy step in front of you (even if it's just staying put in a safe place!). It will be worth it! Many people care and are rooting for you. Listen to those voices!

Hi friend,

I am thinking about you and am praying for you as I write this note. Your health, your hopes, your dreams and your efforts are all important because YOU matter and are very important! Your current circumstances probably feel unfamiliar and scary but you can make decisions that will help you grow, thrive and change your outcome. Keep moving forward and stay focused on the next healthy step. I and many others are cheering you on.