

# EPHESIANS

## PART OF SOMETHING BIG

### ***Ephesians 1:3-6***

***For the week of September 17, 2023***

#### ***Reading the Text:***

1. There are some words and/or ideas that are repeated multiple times. Which words and ideas do you see repeated? Why do you think Paul would repeat these words and ideas?
2. In verse 3, what has God blessed us with? What are some examples of “every spiritual blessing” that He has blessed us with? When did He choose to bless us with these things?
3. There are five ideas in this text surrounding the reality of God choosing His people. What are these five ideas?
4. Of the five ideas from above, which ones seem to be the easiest / most difficult to embrace? Why?

#### ***Living It Out:***

1. Have you ever thought about God choosing you before the beginning of time? What thoughts or emotions come with that truth in this text?
2. How would you describe “God’s spiritual blessings” to a friend who trusts Jesus? How would you describe them to someone who does *not* trust Jesus? What do these words mean?
3. When you think of wrestling with complex ideas in the Bible, how do you respond? (Example: do you tend to get excited, discouraged, intrigued, confused, etc?)